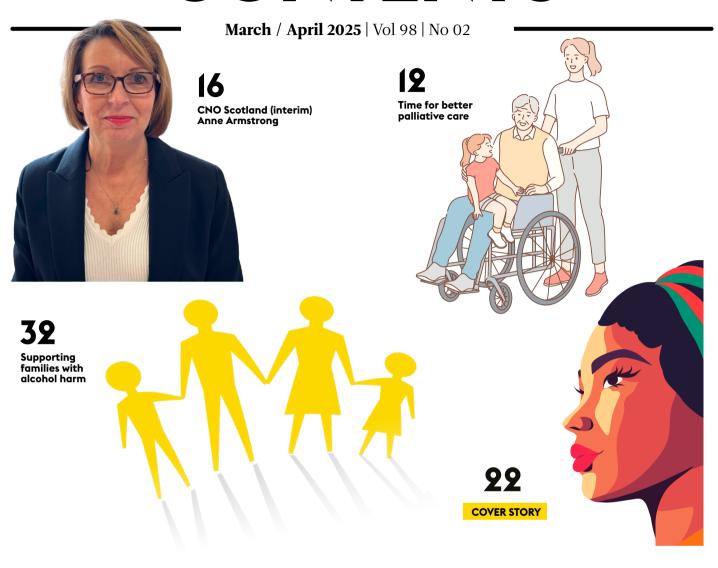
THE JOURNAL OF THE COMMUNITY PRACTITIONERS' AND HEALTH VISITORS' ASSOCIATION

COMMUNITY MARCH/APRIL 2025 PRACTIONER

COMMUNITYPRACTITIONER.CO.UK



CONTENTS



NEWS

7 NEWS IN NUMBERS Your quick guide to the stats that count this issue

- 8 PUBLIC HEALTH
 Significant reports and new campaigns
- Your latest round-up of sector news

12 BIG STORY

Dying well – can a new commission transform end-of-life care?

REFLECTION

6 ONE-TO-ONE

Interim CNO for Scotland Anne Armstrong on the importance of listening and collaboration as she outlines her priorities

19 RIGHTS AT WORK

Unite's Richard Munn on why privatisation is not the way forward

20 GET RESEARCH ACTIVE

How to drive innovation and improve outcomes

FEATURES

22 COVER STORY

Time to prioritise women's health

Why are women still having to deal with undiagnosed gynaecological conditions, untreated mental health issues, and unequal care?

PRACTICE

28 FACEBOOK FOR HEALTH VISITING?

A service evaluation in Doncaster

PRACTICE

- **32 ASSESSING ALCOHOL HARM** Supporting families, part two
- **35 REWARDING EXCELLENCE**Apply for a MacQueen bursary
- 36 BACK TO BASICS
 Shingles: the latest updates, and how to best help clients

THE EVIDENCE

38 RESEARCH DIGEST

A round-up of global research news, including Sure Start's impact

40 EXPLORING HEALTH VISITORS' EXPERIENCES OF SUPPORTING THE MOTHER-INFANT RELATIONSHIP

In this follow-on study, Elizabeth Milne conducts a thematic analysis exploring responses from focus groups among HVs working with mothers and their young children

PROFESSIONAL PAUSE

44 EMPOWERING MOVEMENT

Liesl Funnell from charity Designability on the meaningful benefits of play and participation gained from powered mobility for very young disabled children

WELCOME

from your editor, Aviva



We would be interested to hear of your experiences – in a personal or professional capacity – on the inequalities you've witnessed. On the topic of unequal care, the assisted dying bill currently going through parliament has brought into sharp focus the poor state of end-of-life care. Can a new commission address the shortfalls that

are leaving people, their families and practitioners to struggle? (See page 12).

To ensure you stay on top in an ever-challenging landscape, put November's Unite-CPHVA Annual Professional Conference in your diaries (page 10).

Elsewhere, we hear from Scotland's interim CNO on her determination to drive forward change (page 16).

Please continue to share your reflections and practice insights as always.



JOIN THE CONVERSATION



 ${\bf aviva} @ {\bf community} {\bf practitioner.co.uk} \\$



COMMUNITY PRACTITIONER

Unite-CPHVA

Existing Unite-CPHVA members with queries relating to their membership should contact 0845 850 4242 or see unitetheunion.org/contact_us.aspx for further details.

To join Unite-CPHVA, see unitetheunion.org

Unite-CPHVA is based at 128 Theobald's Road London WCIX 8TN O2O 3371 2OO6

Community Practitioner

Unite-CPHVA members receive the journal free. Non-members and institutions may subscribe to receive it.

Non-member subscription rates

Individual (single use) £75
Institution (single use) £159
Unlimited £249

Subscription enquiries may be made to OI58O 883844, cp@c-cms.com

The journal is published on behalf of Unite-CPHVA by Media Shed, West Wing, Beater House, Turkey Mill, Ashford Road, Maidstone, Kent MEI4 5PP

Editorial advisory board

Obi Amadi Pippa Atkinson Barbara Evans Meury Febres Laura Gibney Ethel Rodrigues Christopher Sweeney Janet Taylor

Editorial team

Editor Aviva Attias
Assistant editor Lauren Billings
Sub-editor Ian McMillan
Executive editor (Unite) Ethel Rodrigues
Clinical editor Pippa Atkinson
Lead designer Mark Collins
Publisher Ian Carter
ianc@media-shed.co.uk

Advertising

Ronnie Drag O2O 3745 6815 Ronnie@media-shed.co.uk

Recruitment

Tim Porter O2O 3137 24O6 timp@media-shed.co.uk

Unite health sector officers

National officers Jacalyn Williams and Richard Munn Lead professional officers Ethel Rodrigues Gavin Fergie Obi Amadi Jane Beach and Dave Munday © 2025 Community Practitioners' and Health Visitors' Association ISSN 1462-2815

The views expressed do not necessarily represent those of the editor nor of Unite-CPHVA.

Paid advertisements in the journal do not imply endorsement of the products or services advertised.

Any Unite-CPHVA member wishing to change their contact details must get in touch with their local Unite office.

