

# NEWS IN NUMBERS

## 9pm watershed

Adverts of foods high in **fat, salt and sugar** can only be shown from **9pm to 5.30am** on **TV** (and UK on-demand programmes) from the end of next year.

There will also be **new rules** for **online** promotion (paid-for adverts), the **government** announced.

The new restrictions could **remove up to 7.2 billion calories** from **children's diets per year** in the UK, which in time could **reduce** the number of **obese children** by more than **20,000**



Cough



Headache



Shortness of breath

More than

## 2 million

adults in England may have had **long Covid**, a study of more than 500,000 **adults** found.

Around **37%** of those who self-reported Covid experienced at least **1 symptom** for **12 weeks** or more.

Almost **15%** had **3** or more symptoms for at least 12 weeks.

**Women** were **more likely** to suffer, with increasing **age** a factor. The government has provided **£50m** for **research**



Around

## 600,000

young people aged **18 to 25** in **Scotland** are set to benefit from **free NHS dental care** from the end of August, subject to parliamentary approval



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