

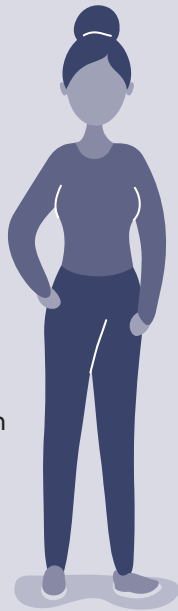
# NEWS IN NUMBERS

Almost  
**9 out of 10**

people with experience of **eating disorders** have been **negatively impacted** by **Covid-19**, says research from Northumbria University

**87%** of participants reported their symptoms had **worsened** as a result of the pandemic, and more than **30%** said their symptoms were much worse. This included **decreased feelings of control** and low feelings of **social support**

Around **1.25 million** people in the UK have an eating disorder



**3/4**

of **mothers** who **breastfeed** now feel **more cautious** about breastfeeding in **public**, as a direct **result of Covid-19**, a poll of 150 mothers found

**43%** said they'll take measures to **avoid** breastfeeding in **public**, and a further **14%** will avoid it completely



Around

**6000**

people recently took part in free low-intensity **'stress control' classes** via **YouTube**, thanks to the HSC Board and Public Health Agency **Northern Ireland**

**98%** of the online attendees found the **6-session** course **helpful**. It will continue online till **December 2020**



**77%**

of **serious injuries** are **'invisible'**, finds a poll of 1000 people in the UK

More than **1 in 5** of those affected worried that **others** were therefore **less likely** to **understand** that their injury had **long-term effects** (such as chronic pain or a cognitive impairment)

**1 in 7** found it **harder** or delayed seeking **medical help**



Find links to relevant reports and surveys highlighted in the news stories at [bit.ly/CP\\_news\\_in\\_numbers](https://bit.ly/CP_news_in_numbers)