

NEWS IN NUMBERS

314,000

potential years of life were lost due to **alcohol-related** conditions in England in **2018**. The rate of years of life lost increased from **623** per **100,000** in **2017** to **637** per **100,000** – the highest since **2011**



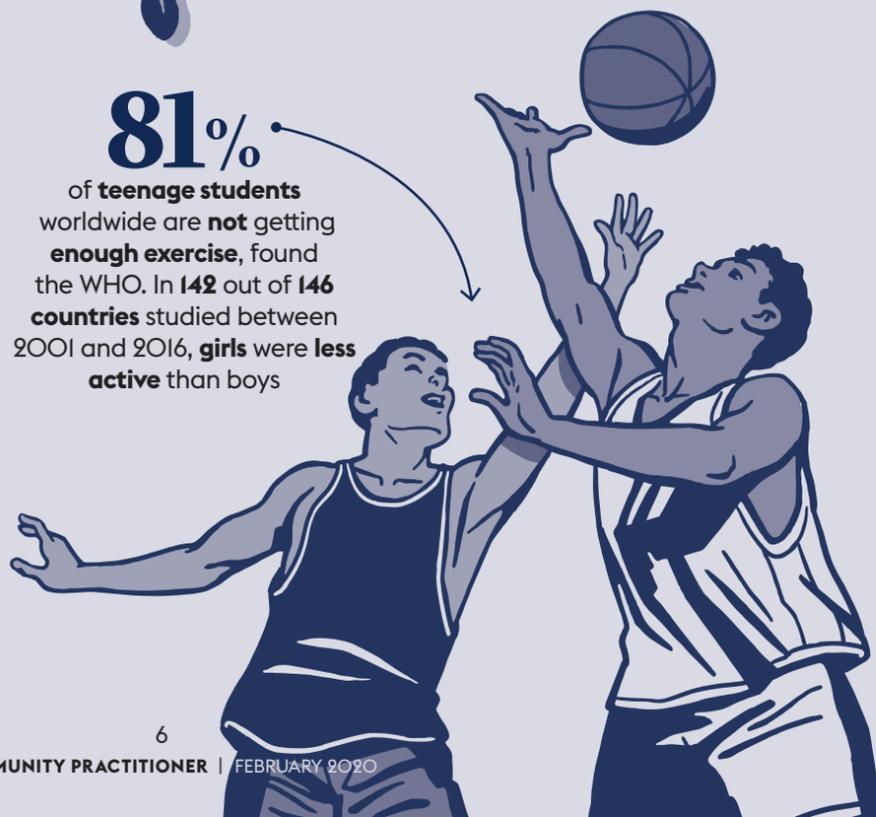
1 in 4

children and young people are **'addicted'** to their **smartphones**, found King's College London. This problematic usage is linked to poor **mental health**



81%

of **teenage students** worldwide are **not** getting **enough exercise**, found the WHO. In **142** out of **146** **countries** studied between 2001 and 2016, **girls** were **less active** than boys



Only 41%

of **new blood donors** in England last year were **men**. The number of men giving blood has **dropped** by **24.8%** over the past **5 years** in England, while the number of **women** giving blood has **fallen** by **6%**. Male blood is sought after because it is used in specialist transfusions, such as those to newborn babies

Children aged **12 to 19** in **Northern Ireland** were invited by the Public Health Agency to give **feedback** on the provision of **relationships** and **sexuality education** programmes in the community



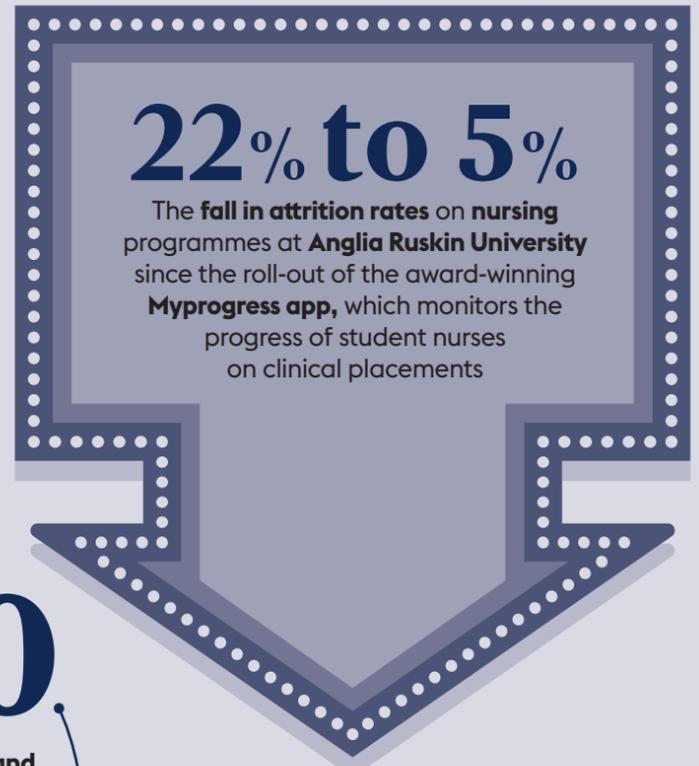
£225,000

The amount **allocated** between **11 organisations** in **Scotland** as part of a **£1m** investment in **perinatal mental health** services for mothers and families. Charity Aberlour received **£41,346** and Inspiring Scotland **£34,000**



22% to 5%

The **fall** in **attrition rates** on **nursing** programmes at **Anglia Ruskin University** since the roll-out of the award-winning **Myprogress app**, which monitors the progress of student nurses on clinical placements



£421m

The **rise** in spending in this year's **Welsh health and social services** draft budget, taking health and social services **spending** to more than **£8bn** a year



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ISTOCK