

# NEWS IN NUMBERS

## £1m

will be made available for **counselling and befriending new mothers** at risk of poor mental health in Scotland.

The funding is part of a **£50m** investment in **mental health services** announced earlier this year



## 150mg per litre

The amount of **added caffeine** that now prohibits a soft drink's sale to **under-16s** in **1300** Scottish leisure centres



## 1360

fewer people have been accepted onto **nursing degree courses** in England this year than in **2016** – a decrease of **8%**.

**17,150** were offered a place in **2016**, compared with **15,790** in **2019**



Nearly **£2.4bn** of the **£16.6bn** set aside this year for **elderly and disabled services** comes from **3 short-term funding pots** in England, which are all due to close in March.

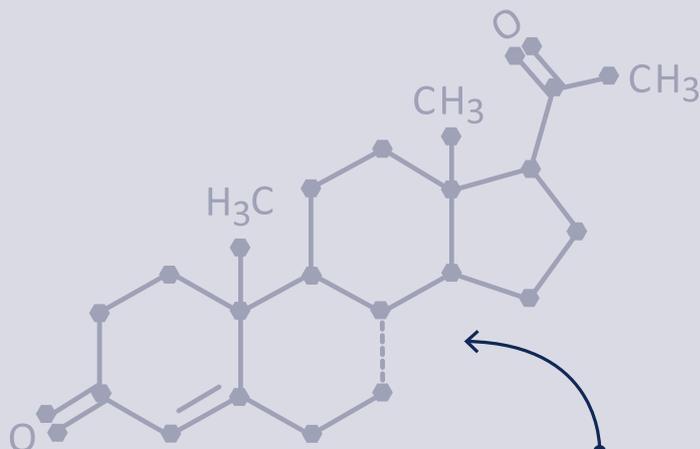
The biggest source of temporary funding is the **Better Care Fund**, worth **£1.8bn** to councils this year



**28%**

The rise in UK **mental health incidents** dealt with by police between **2014** and **2018**.

There were **385,206** incidents in **2014**, compared with **494,159** in **2018**



**1 in 50**

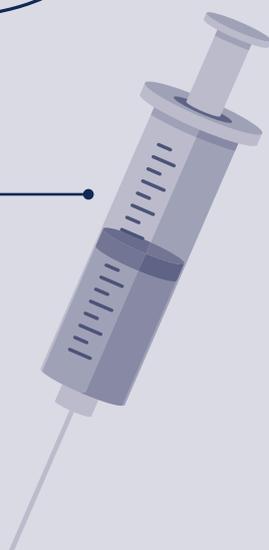
Using oestrogen plus daily progestogen **menopausal hormone therapy (MHT)** for **5 years** from the age of **50** increases the breast cancer risk between age **50** and **69** by about **1** additional case in every **50** users.

Increases in risk would be around **2x** as great for women who use MHT for **10 years**

**50%**

The rise in **drug misuse deaths** in Wales in a decade.

In **2018** alone, there was a **12.4%** rise from **2017**, with **208** deaths



**299,436**

patients in Northern Ireland were waiting for a **first consultant-led outpatient appointment**, says the Department of Health.

For the quarter to **30 June 2019**, **10,682** more people were waiting compared to March, and **23,552** more people than the same time last year



**1/3**

The increase in smokers accessing **free NHS quit support**.

A record-breaking **15,599** smokers in Wales used Help Me Quit services in **2018-19** – an increase of **3672** smokers compared with five years ago (**31%**)



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